



Comparative Amounts of Sodium Per Serving

PRODUCTS IN BLUE INDICATE REFORMULATED FOR REDUCED SODIUM
DATA TAKEN FROM PRODUCTS PURCHASED IN JULY-AUGUST 2008

Product	Grams per serving g	Sodium per serving mg	% Daily Value
A Taste of Thai Sweet Red Chili Sauce	5.5	50	2.08%
Soy Brand Noodle Soup	23	100	4.17%
A Taste of Thai Peanut Sauce Mix	13	140	5.83%
A Taste of Thai Spicy Peanut Bake	12	140	5.83%
A Taste of Thai Panang Curry Paste	6	150	6.25%
A Taste of Thai Peanut Satay Sauce	35	180	7.50%
Thai Kitchen Noodle Cart Peanut	64	200	8.33%
Thai Kitchen Peanut Noodles	64	200	8.33%
A Taste of Thai Garlic Chili Pepper Sauce	9	230	9.58%
A Taste of Thai Yellow Curry Paste	6	230	9.58%
A Taste of Thai Green Curry Paste	6	250	10.42%
A Taste of China Sweet & Sour Rice	85	260	10.83%
Thai Pavilion Peanut Satay	70	260	10.83%
Thai Kitchen Green Curry	15	270	11.25%
A Taste of Thai Coconut Ginger Noodles	56.5	271	11.29%
A Taste of Thai Pad Thai Noodles	79	280	11.67%
Thai Kitchen Peanut Sauce Mix	14	284	11.83%
A Taste of Thai Pad Thai Sauce	38	300	12.50%
A Taste of India Masala Rice & Lentils	85	310	12.92%
A Taste of India Spiced Rice with Raisins	92	320	13.33%
A Taste of Thai Peanut Noodles	80	320	13.33%
A Taste of China Szechuan Noodles	70.5	338	14.08%
A Taste of China Sweet & Sour Rice	85	340	14.17%
A Taste of Thai Pad Thai For Two	127.5	340	14.17%
A Taste of Thai Red Curry Paste	7	340	14.17%
Annie Chun's Peanut Sesame Noodles	129	340	14.17%
A Taste of Thai Garlic Basil Rice	48	360	15.00%

Product	Grams per serving g	Sodium per serving mg	% Daily Value
A Taste of Thai Red Curry Noodles	82	360	15.00%
A Taste of Thai Coconut Ginger Rice	50	400	16.67%
A Taste of Thai Peanut Salad Dressing	10	400	16.67%
Thai Kitchen Pad Thai Noodles	85	422	17.58%
Kikkoman Pad Thai Seasoning	6	430	17.92%
McCormick Original Taco	6	430	17.92%
Old El Paso Fajita Seasoning	5	430	17.92%
Annie Chun's Udong Soup	75	440	18.33%
Ortega Chili Seasoning	9	440	18.33%
Annie Chun's Hot & Sour Soup	78	450	18.75%
Annie Chun's Miso Soup	77	450	18.75%
Thai Kitchen Noodle Cart Pad Thai	64	450	18.75%
Thai Kitchen Peanut Bake	21	458	19.08%
Annie Chun's Teriyaki Noodles	116	460	19.17%
A Taste of Thai Yellow Curry Rice	50	480	20.00%
Maruchan Yakisoba Tomato & Basil Noodles	56.7	480	20.00%
Kikkoman Fried Rice Seasoning	9	490	20.42%
Thai Kitchen Sweet & Sour Noodles	84	520	21.67%
Thai Kitchen Noodle Cart Toasted Sesame	64	545	22.71%
Truly Indian Matar Paneet	150	550	22.92%
Trader Joe's Kung Pao Noodles	140	590	24.58%
Winchai Ferry Kung Pao Chicken	65	590	24.58%
Trader Joe's Pad Thai Noodles	140	610	25.42%
Simply Asia Soy Ginger Noodles	120	617	25.71%
Kame Szechuan Noodles	165	620	25.83%
Old El Paso Chili Seasoning	5	620	25.83%
Thai Kitchen Thai Ginger Noodle Soup	34	620	25.83%
Annie Chun's Kung Pao Noodles	129	630	26.25%
Maruchan Yakisoba Roast Chicken Noodles	57.5	630	26.25%
Maruchan Yakisobe Teriyaki Noodles	56.7	630	26.25%
Kikkoman Stir Fry Seasoning	9	640	26.67%
Ortega Taco Kit	80	640	26.67%
Nissin Chow Mein Chicken Flavor	56.7	660	27.50%
Nissin Chow Mein with Shrimp	56.7	660	27.50%

Product	Grams per serving g	Sodium per serving mg	% Daily Value
Kame Peanut Satay	165	670	27.92%
Near East Curry Rice Pilaf	56	670	27.92%
Success Multigrain Pilaf	63	680	28.33%
Thai Kitchen Garlic & Roasted Pepper	84	680	28.33%
Thai Kitchen Spring Onion	34	680	28.33%
Uncle Ben's Santa Fe	160	690	28.75%
Thai Kitchen Lemongrass Chili	34	700	29.17%
Truly Indian Pav Bhaji	150	700	29.17%
Truly Indian Chatpate Choley	150	710	29.58%
Simply Asia Sesame Teriyaki	120	719	29.96%
A Taste of Thai Coconut Ginger Soup Mix	7.5	720	30.00%
Knorr Sides Teriyaki Rice	65	730	30.42%
Kitchens of India Black Lentils Curry	125	740	30.83%
Knorr Asian Sides Chicken Fried Rice	66	750	31.25%
Knorr Sides plus Veggies Chicken	76	750	31.25%
Nissin Chow Mein Teriyaki Beef	56.7	750	31.25%
Thai Kitchen Roasted Garlic	34	756	31.50%
Simply Asia Garlic Sesame	70	757	31.54%
Near East Original Rice Pilaf	56	780	32.50%
Uncle Ben's Teriyaki Rice	160	780	32.50%
Simply Asia Sesame Chicken	70	784	32.67%
Tiger Tiger Chana Masalla	275	792	33.00%
Knorr Sides Chicken & Broccoli	65	800	33.33%
Kame Teriyaki	165	820	34.17%
Spice Hunter Szechwan Noodle	42	820	34.17%
Thai Pavilion Pad Thai	80	820	34.17%
Kitchens of India Pindi Chana	125	830	34.58%
Thai Pavilion Garlic Basil	80	840	35.00%
Maruchan Ramen Noodle Soup	43	880	36.67%
Patak's Coconut Flavored Rice	250	880	36.67%
Spice Hunter Miso Udon	39	880	36.67%
Thai Kitchen Mushroom	34	881	36.71%
Spice Hunter Spicy Thai Noodle	44	940	39.17%
Simply Asia Spicy Kung Pao	249	950	39.58%

Product	Grams per serving g	Sodium per serving mg	% Daily Value
Knorr Rice Sides Beef	64	960	40.00%
Uncle Ben's Rice Pilaf	155	970	40.42%
Thai Kitchen Pad Thai Sauce	30	980	40.83%
Patek's Vegetable Korma	298	990	41.25%
Old El Paso Fajita Dinner Kit	83	1010	42.08%
Simply Asia Spicy Szechuan Noodles	105	1020	42.50%
Thai Kitchen Ginger & Sweet Chili	84	1040	43.33%
Thai Kitchen Ginger & Sweet Chili	84	1040	43.33%
A Taste of Thai Chicken & Rice Seasoning	12	1072	44.67%
Simply Asia Soy Ginger Noodles	247	1140	47.50%
Thai Kitchen Hot & Sour Noodle Soup	72	1174	48.92%
Thai Kitchen Thai Basil & Chili	84	1200	50.00%
La Choy Chicken Choy Mein	250	1210	50.42%
Zatarain's Caribbean Rice	167	1250	52.08%
Zatarain's Jambalaya Rice	167	1290	53.75%
Tiger Tiger Vegetable Korma	275	1333	55.54%
Zatarain's Red Beans & Rice	167	1350	56.25%
Maruchan Instant Wonton	42	1490	62.08%
A Taste of Thai Fish Sauce	19	1730	72.08%